



PACKRAFT COMMERCIAL GUIDE COURSE



DURATION 4 days



FOR WHO

Rescue Project course for packraft guides is a unique course for those who want to supply guided tours in river, learning specific techniques of rescue and first assistance.

Rescue Project course for packraft guides is a unique course for those who want to supply guided tours in river, learning specific techniques of rescue and first assistance.



PREREQUISITES

good physical health, good swimming skills, experience with packraft

Packraft is a floating that requires a huge range of skills. One may accompany people in hydrospeed tours, it is necessary to paddle as on a kayak and one must also face raft's same problems. Therefore Rescue Project Schools's teachers have developed a precise training program, thanks to their skills and experiences as rafting guides, hydrospeed guides, canoe instructors, river rescue instructors.

What will be acquired:

- Swimming skills certificate
- First assistance certificate
- First assistance BLS-D certificate
- Correct use of PPE in accordance with Italian applicable law D.Lgs 81/08
- Information and formation on packraft use as a guide, in accordance with Italian law D.Lgs 81/08



TRAINING METHODOLOGIES

Theoretical lessons, practical parts with simulations, role-playing.
De-briefing, team work.

The program is developed in 4 days of formation, it is necessary to already have acquired good skills in packraft leading on a river of 3' level.



INFO & BOOKING

info@rescueproject.it
www.rescueproject.it

0463.973278 - 3292743226

The course is divided in technical lessons, rescue and self rescue parts, first aid, hiking basics, such as correct reading of a geographical map and basic orientation knowledges. Much attention will be given to progressive learning and training aspects.



PROGRAM

Packraft commercial guide course

HOURS

ACTIVITIES & CONTENT - DAY 1

8:30 – 9:00	Meeting Compilation of registration form Presentation of course's details
9:00 – 11:00	River reading, navigation lines, edges, swimming and navigation with packraft, where and when to use it Basic techniques Theoretical lessons Law's requirement and behaviour in water (D.Lgs 81/08) Navigation regulations Priorities of rescue during navigation with Packraft DVR and safety plan
11:00 – 12:00	PPE and correct use
12:00 – 13:00	Lunch
13:00 – 15:00	Packraft tours with group management, efficient briefing, scouting, stopping in river Safety rules during navigation Technical rules during navigation Procedures to follow in water, distances, signs and emergency management
15:00 – 18:30	Paddling techniques, ferries, capsizing management, self rescue, rescue
18:30 – 20:00	Video, basic knots – first part First assistance – part 1

HOURS

ACTIVITIES & CONTENT - DAY 2

8:30 – 12:30	How to rescue a person, foot joint, zipline double lashing, management of tie, joints, syphon, hole, recess
12:30 – 13:30	Lunch
13:30 – 18:30	Tour techniques: surf on a hole, wave, navigation in rapids, whitewater navigation techniques with packraft, capsizing management Pack raft salvage in a hole, person salvage in a hole, recess. Vertical movement techniques and correct use of PPE - second part
18:30 – 20:00	First assistance in hostile environment basics and management of trauma – second part



PROGRAM

Packraft commercial guide course

HOURS

ACTIVITIES & CONTENT - DAY 3

8:30 – 13:00	Theoretical and practical parts : Topographic maps reading, orientation, danger analysis on different kinds of rivers and creek, use of gps, how to do an emergency call, hydrometers and pluviometers reading How to repair a packraft, how to charge material, what to bring Double lashing, zipline, transshipments, difference between river of creek and flow Tie management Advancement paddling techniques in whitewater, leaning, packraft management on medium and difficult rivers
13:00 - 13:30	Lunch
15:30 – 17:30	Advanced techniques for navigation, surf, paddling, ferries, capsizing management, swimming, team management, scouting, transshipments, river reading, navigation in rapids, packraft towing Techniques of first assistance in hostile environment, trauma management, immobilization and intensive care – third part
17:30 – 18:30	Rescue with vertical movement techniques - last part, DVR and safety plans for workers

HOURS

ACTIVITIES & CONTENT - DAY 4

8:30 – 12:30	DAY OF EXAM Tour in water with management of a group, how to pull, how to rescue, management of people and material in water Packraft leading techniques
12:30 – 13:30	Lunch
13:30 – 17:30	Descent in river with rescue and victim stabilization tests in short time. Charge of material management
17:30 – 19:00	Emergency management tests in water, first aid, simulation of intervention as a guide Final test Licenses and evaluation

Acquired certificates:

- River technician rescuer with specialization pack raft
- Packraft leading license
- First assistance certificate in hostile environment
- Correct use of PPE



PROGRAM

Packraft commercial guide course



EQUIPMENT

Each participant must bring :

- River shoes or sport shoes
- 5 mm neoprene swimsuit or dry suit with proper clothing under the suit
- Homologated helmet + lashing
- Packraft and paddle

It is possible to reserve and rent all equipment by booking it at reception in advance communicating exact height and weight.

It is suggested to bring snacks and drinks based on saline supplements.

It is fundamental to communicate to the instructor any possible shortcoming of the activity.



GOALS

- How to **plan** a safe tour
- **Analysing** river and dangers
- **Developing** river reading skills about rapids and risks
- **Knowing** main techniques of **self rescue** and quick, efficient **rescue**
- Descent management with a group
- **Knowing packraft** and its specific PPE
- Knowing main procedures of **first aid** , emergency call, trauma management
- Knowing main orientation basics
- **Acquiring advanced techniques** of packraft leading, paddling, leaning, rudder, edges, surf in holes.
- Management of a descent in safety
- Management of emergency with packraft towing, rescue and self rescue
- Knowing the basis of **maintainance** of packraft: repair, storage of material
- Practicing main techniques of vertical movement , transshipment
- Learning **teaching techniques** to instruct others
- Knowing applicable rules and laws for operation with packraft in workplace