



Workshop Exam for rafting guide, safety kayak, trip leader

 **DURATION 2 days**



FOR WHO

Course aimed to all those who want to acquire the IRF guide license.

The exam of commercial rafting guide Rescue Project IRF is a unique course aimed to those who want to accompany people in river with a job license.

Raft is a particular boat that requires a specific formation; it is necessary to already have good raft leading skills in order to undertake this training.



PREREQUISITES

Good physical health good swimming skills., raft leading experience.

Log-book (see table at the end of program*)

Valid BLS license for 6 or more months

Whitewater rescuer license

The program is structured in a total of 2 days of exam, with practical simulations useful to examine participants who are approaching the certificate. The course allows to receive such licenses:

- Guide (II° - III° - IV°)
- Trip Leader * (requested course BLS of 16 h)
- Safety Kayak



TRAINING METHODOLOGIES

Theoretical lesson, practical parts with simulation, role-playing.

De-briefing, team work.

It is necessary to have a Log Book that certifies il numero ed i gradi di difficoltà dei corsi d'acqua navigati.

For those who still need to acquire the skills for this workshop, it is suggested to participate to the "Training course perfecting rafting", with a duration of 4 days, which leads to a good formation and the achievement of necessary licenses for the workshop.

@ INFO & BOOKING

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PROGRAM

Workshop exam for rafting guide, safety kayak, trip leader

The two days of workshop are structured with both theoretical lessons and practical parts with simulations.

Rafting guide exam

The guide needs to have a good result to the following exams

- Leading technique with and without crew
- River “understanding”
- River entrance in deadly mode
- Overturning and get back to the boat
- Rope throwing
- Swimming
- Block and tackle and knots
- Standard IRF
- Client management and theoretical lesson
- Written test

Trip Leader exam (TL)

- Demonstration of skills and leading abilities on raft
- Identification of river risks and dangers
- Setting of priorities
- Use of correct resources and correct decisions
- Communicative skills during intervention
- Quality of communication
- Prompt reacting abilities
- Use of appropriate rescue and first aid knowledges
- Emergency management, with and without crew
- Management of victim
- Communication, approach with the team/colleagues

Safety Kayak exam (SK)

- 1 eskimo left side - 1 eskimo right side
- Rescue of victim with a kayak with all the different techniques
- Transport of 2 people with kayak
- Management of person under panic attack
- Management of unconscious person
- Exit from kayak and back up from a rock
- Communication with raft crew from a kayak
- Management of raft from the kayak
- Quick back up on raft under rapids and ferry technique with raft (with paddle from kayak twice)
- Demonstration of technical skills
- Kayak position during the trip



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***LOG-BOOK – requisites**

<i>License</i>	<i>Level</i>	<i>Minimum requested experience</i>
<i>rafting guide, safety kayak</i>	2	10 trips or 20 hours on river level 2
<i>rafting guide, safety kayak</i>	3	30 trips or 60 hours on river level 3
<i>rafting guide, safety kayak</i>	4	50 trips or 100 hours on river level 4
<i>Rafting trip leader</i>	2	50 trips or 100 hours on river level 2
<i>Rafting trip leader</i>	3	75 viaggi o 150 hours on river level 3
<i>Rafting trip leader</i>	4	200 viaggi o 400 hours on river level 4



EQUIPMENT

Each participant must bring :

- Water shoes or sport shoes
- 5 mm neoprene swimsuit or dry suit with proper clothing under the suit
- Homologated helmet + lashing

It is possible to rent all of the equipment by booking it in advance at the reception.

It is suggested to use one's own equipment for the course.

It is suggested to bring some snacks.

Any shortcoming to the activity must be communicated to the instructor.

