



# WHITEWATER TECHNICIAN RESCUER - CYNOPHILE

 **DURATION 3 days**



## FOR WHO

This course is specifically aimed at cynophile units who work in rescue teams in rivers.

This course is aimed to all those who have the necessity of a good formation to safely approach whitewater and know the sceneries of intervention with their specific risks in case of rescue with cynophile unit.



## PREREQUISITES

Good physical health, good swimming skills

Rescue Project Technician Rescuer for cynophile has a duration of 30 hours, divided in 8-10 hour of theoretical lesson and the remaining of the hours are mainly organized in simulations in water.



## TRAINING METHODOLOGIES

Theoretical lessons, practical parts with simulations, role-playing.  
De-briefing, team work.

This course is aimed to rescue personnel who need a specific formation, both theoretical and practical in river and flood rescue and specifically for cynophile operators who want to know river environment and need to understand when to use and not use the dog in case of rescue.

The context of a flood has many particular sceneries that can cause risks for our dog friends.

The training course for river and flood rescue is highly specific and complex, and it requires qualified and capable personnel. It is fundamental to know the correct behaviour, the standard procedures and the appropriate mindset regarding whitewater, both in normal conditions and flood context. Rescue Project School is widely recognized as a guarantee of professionalism and

## @ INFO & BOOKING

[info@rescueproject.it](mailto:info@rescueproject.it)  
[www.rescueproject.it](http://www.rescueproject.it)

0463.973278 - 3292743226



# PROGRAM

## Whitewater Technician Rescuer -Cynophile

<b>HOURS</b>	<b>ACTIVITIES &amp; CONTENT - DAY 1</b>
<b>8:30 – 9:00</b>	Meeting Compilation of registration form Presentation of the course
<b>9:00 – 12:30</b>	Theoretical lessons and out-of-water tests: Rescue in swiftwater: Priorities, phases, rescue at low and high risks Phases of a “LAST” kind of rescue Morphology of river: hydrodynamics, flowings, terminology, risks, dangers River PPE: typologies, laws and certifications. Specific equipment Swimming techniques in swiftwater Environment evaluation and understanding when and where to use dogs in water, how to not put them at danger Swimming techniques with and without dogs
<b>12:30 – 13:30</b>	Lunch
<b>13:30 – 14:30</b>	Practical lessons of swimming in water Practical lessons of rope throwing and leash
<b>14:30 – 18:30</b>	Personal equipment analysis Communication and signals in water, equipment analysis Zip-line rescue procedure, foot joint Dangers of throwing ropes at dogs
<b>18:30 – 20:00</b>	Video, basic knots De - briefing of day 1

<b>HOURS</b>	<b>ACTIVITIES &amp; CONTENT – DAY 2</b>
<b>8:30 – 12:30</b>	Theoretical lessons and out-of-water tests: SIZE UP : Risks management – rescue intervention incident commander system: team roles and set ups Complex rescue maneuvers Anchoring and advanced knots
<b>12:30 – 13:30</b>	Lunch
<b>13:30 – 18:30</b>	Practical tests: quick practical review of previous day Simulation of Thirolean with safety systems Quick lashing, rescue with dogs Lowering techniques with dogs First aid in arduous environment
<b>18:30 – 20:00</b>	Psychology of emergency: stress and its consequences <ul style="list-style-type: none"> <li>- Mechanism of stress during emergency</li> <li>- Communication, panic, fear, misunderstanding</li> </ul> De - briefing of day



# PROGRAM

## Whitewater Technician Rescuer -Cynophile

### ORE

### ATTIVITA'- CONTENUTO GIORNO 3

8:30 – 12:30	Practical lessons in water: Simple and complex rope throwing systems Research techniques with cynophile unit Rescue team management and equipment Foot joint
12:30 - 13:30	Lunch
13:30 – 16:30	Practical lessons in water (possibility of use of raft) River crossing by foot Immobilization of victim in water Rescue simulation: <ul style="list-style-type: none"> <li>- Team evacuation</li> <li>- Foot joint</li> <li>- Quick zip</li> <li>- Rescue maneuvers</li> <li>- Recover maneuvers</li> </ul>
17:00 – 18:30	De - briefing Satisfaction questionnaire Judgment and licenses End of the course



### EQUIPMENT

Each participant must bring :

- River shoes or sport shoes
  - 5 mm neoprene wetsuit or dry suit and proper clothing under the suit
  - Homologated helmet + lashing
- You can rent all the equipment by booking it at the reception and communicating size, weight and height.

It is suggested to bring snacks and drinks based on saline supplements. It is fundamental to communicate to the instructor any possible shortcoming of the activity.



### GOALS

- **Development of confidence** with specific river environment and needed knowledges for expert **rescuers** and other staff who operate in **whitewater**
- **Proper use** in safe awareness of rescue **equipment**
- **Knowing and practicing** main river and flood rescue techniques and maneuvers
- Skilled **swimming**
- **Communication, safety guarantee** during emergencies in whitewater
- **Proper intervention** with basic procedures of rescue and first assistance in arduous environment
- **Knowing** when, how and why a dog may be helpful