



S.A.R : SEARCH & RESCUE



DURATION 3 days



FOR WHO

Aimed at all those who have the necessity of an advanced formation about rescue with research of floating people that can be accompanied with oars, paddles or motor, in both ordinary and extraordinary conditions.



PREREQUISITES

Good physical health, fair swimming skills, possession of valid Whitewater Technician Rescuer 1 license.



TRAINING METHODOLOGIES

Theoretical lessons, practical lessons with simulations, role-playing.

@ INFO & BOOKING

info@rescueproject.it

www.rescueproject.it

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S.A.R. course is a highly program supplied by the School. It's all about Search & Rescue and about proper equipment for this objectives. The uniqueness of this course is the complex program that encloses the use of different kinds of boats, to form rescuers with basic knowledge to deal with various emergencial situations. The course lasts three days, and is characterized by a very intensive program. It is required to own a valid license of Whitewater Technician Rescuer 1 to have access to this course.

During the first day, the main techniques of navigation on raft, both with motor and paddle, will be explained and enhanced. The second day regards kataraft navigation techniques with oars and motor. The third and last day is mainly characterized by navigation tests, with paddle, oars and motor, with proper rescue maneuvers to deal with any kind of emergency.

The course is held by highly qualified teachers who are specialized in rescue and emergency staff formation, Rescue Project instructors are rafting teachers with Rescue Project School specialization on motors and oars, the school is recognized as Italian River and Flood Salvation School for rescuers' formation, thanks to its high standards in matter of instructors' choice and its many recognitions. By the end of course, participants will have acquired extended knowledge of rescue techniques on boats, both with and without motor.



PROGRAM

S.A.R : Search & Rescue

HOURS	ACTIVITIES & CONTENT - DAY 1
8.00 – 8.30	Meeting, compilation of registration form Presentation of course
8:30 – 12:30	THEORETICAL AND PRACTICAL LESSONS <ul style="list-style-type: none"> - Knowing and understanding the river - Basic knots and anchorings to lower and transport a boat - Main risks and estimates of operation with boats - Navigation rescue techniques with team on boat - Lowering and coming back up techniques - Dangers of paddle and motor boats - Procedures - Different kinds of motors - Boat supervision to check before entering water - Arrangement of rescue team on a raft - Roles of rescuers on boat
12:30 – 13:30	Lunch
13:30 – 16:30	Practical swimming tests in whitewater Practical tests of rope throwing
16:30 – 17:00	<ul style="list-style-type: none"> - Practical lessons of motor boat navigation - Practical lessons of boat navigation without motor. - Practical lessons of navigation on kataraft with motor and oars - Management of weight in water for a correct use of boat - How to stop in water and get out of boat - Rope throwing, jumping out of boat
17:30 – 19:00	Post-intervention check on motor boats De briefing Explanations of concepts

HOURS	ACTIVITIES & CONTENT - DAY 2
8:30 – 12:30	<ul style="list-style-type: none"> - Navigation on motor boat techniques for rescue with people on board - Boat techniques of return - Rescue on boat with and without motor
12:30 – 13:30	Lunch
13:30 – 18:30	<ul style="list-style-type: none"> - Practical lessons and techniques of rescue - Navigation with both motor and paddle/oars - Simulations and management of joints - Management of lowering with floating people from steep shores
19:00	Post-intervention check on boat De briefing Explanation of concepts



PROGRAM

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HOURS

ACTIVITIES & CONTENT - DAY 3

8:00 – 12:30	<ul style="list-style-type: none"> - Navigation systems with motor, oar or paddle boat - Management of team on boat - Research management with multiple boats - Advanced rescue with boats - Practical tests in river
12:30 – 13:30	<ul style="list-style-type: none"> - Lunch
13:30 – 16:30	<ul style="list-style-type: none"> - Simulations in whitewater with search and rescue - Final test: navigation and rescue tests
16:30 – 18:00	<ul style="list-style-type: none"> - De - briefing - Satisfaction questionnaire - Licenses' release and end of course



EQUIPMENT

Each participant must bring :

- River shoes or sport shoes
- 5 mm neoprene swimsuit or dry suit with proper clothing under the suit
- Homologated helmet + lashing

It is possible to reserve and rent all equipment by booking it at reception in advance communicating exact height and weight.

It is suggested to bring snacks and drinks based on saline supplements.

It is fundamental to communicate to the instructor any possible shortcoming of the activity.



OBJECTIVES

- **Develop confidence** with whitewater environment and develop proper knowledge for rescuers who operate and deal with **whitewater** and arduous conditions
- Acquire a good formation on main themes regarding in **search and rescue interventions in whitewater** in order to assure self and others' **safety**.
- Learn how to intervene with good techniques with or without floating and learn to discern context and proper equipment
- Learn proper **navigation maneuvers**, with proper awareness of dangers and risks related to the environment
- Knowing how to safely operate and move floatings, calculating possible sceneries and working for a good prevention